

Monday

Tuesday

Wednesday

Thursday

Friday



6
Hot Dog w/ *Whole Grain Bun*
Baked Beans
Pears

7 Taco Day
Beef, Chicken *OR* Pea Protein
Seasoned Rice, Black Beans
Lettuce, Tomatoes, Salsa,
Sour Cream, Cheese

8
BBQ Boneless Chicken Bites
Sweet Potato Fries
Applesauce

9
Sloppy Joe Sandwich
Tater Tots
Peaches

3
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Cucumber Slices
Mixed Fruit

13
Breakfast Sandwich
Cheese *or* Meat
Hashbrown Patty
Orange Wedges

14
Chicken Alfredo w/ *WG Pasta*
Steamed Broccoli
Peaches

15
Cheese Raviolis w/Marinara
Garlic Bread
Steamed Green Beans
Mixed Fruit

16 Burger w/ WG Bun
Grass-fed Beef *OR* Veggie
OR Cheeseburger
Lettuce/Onions/Pickles
Peaches

10
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Carrots
Apples

20
Grilled Cheese Sandwich
Roasted Cauliflower
Peaches

21 Taco Day
Beef, Chicken *OR* Pea Protein
Seasoned Rice, Black Beans
Lettuce, Tomatoes, Salsa,
Sour Cream, Cheese

22
Whole Grain Pasta Dish
Marinara *or* Meat Sauce
Steamed Broccoli
Mixed Fruit

23
Chicken Teriyaki Potstickers
w/ Fried Rice
Pineapple Bites
Fortune Cookie 😊

24
No School

27
No School

28
WG French Toast Sticks
Sausage links
Tater Tots
Applesauce

29
Cheese Stuffed Breadsticks
w/ Marinara Sauce
Carrots
Pears

30
BBQ Pulled Pork w/ *WG Bun*
Cole Slaw
Mandarin Oranges

31
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Chic Pea Salad
Peaches

Menu subject to change without notice

Daily Offerings:

Fruit Juice Cup & Milk choice with every meal
The Garden Bar contains a variety of Fruit, Vegetable, and Protein choices to add to every meal

Daily Entrée Choice in addition to the Main Meal:

Vegetarian/Vegan Burgers-Veggie Egg Rolls-
Breaded Chicken -Potato Sides-Fish Sticks/Sandwich
Pizza items- MTO Deli Bar- Garden Bar

Current Prices for 23-24

Lunch \$3.25 – Reduced \$.0
Adult Lunch - \$4.75