

April 2021

OYSTER RIVER COOPERATIVE SCHOOL DISTRICT

BREAKFAST



School Information: All students eat free through June 2021 or until further notice.

This is an equal opportunity institution.



Nutrition Tip: Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries



Monday

Tuesday

Wednesday

Thursday

Friday



Log into <https://family.TitanK12.com> to create an account, make deposits and see your child's purchases

CINNAMON CHIP MUFFIN **1**
MIXED FRUIT
LOWFAT MILK CHOICES

EGG & CHEESE on a WG
CROISSANT **2**
FRESH ORANGE
LOWFAT MILK CHOICES

MINI WAFFLES **5**
CHILLED PEACHES
LOWFAT MILK OPTIONS

YOGURT W/ NUT-FREE
GRANOLA **6**
DICED PEARS
LOWFAT MILK OPTIONS

WG ZUCCHINI BREAD **7**
APPLE JUICE
LOWFAT MILK OPTIONS

SWEET POTATO ROLL **8**
DRIED CRANBERRIES
LOWFAT MILK OPTIONS

BLUEBERRY MUFFIN **9**
FRUIT PUNCH JUICE
LOWFAT MILK OPTIONS

WG BREAKFAST BAR **12**
ORANGE JUICE
LOWFAT MILK OPTIONS

WG STRUDEL **13**
BOX OF RAISINS
LOWFAT MILK CHOICES

ORANGE CRANBERRY **14**
MUFFIN
SLICED PEACHES
LOWFAT MILK CHOICES

WG BANANA BREAD **15**
APPLE JUICE
LOWFAT MILK CHOICES

MINI PANCAKES **16**
FRESH ORANGE
LOWFAT MILK CHOICES

TEACHER
WORKSHOP DAY **19**
NO SCHOOL

CREAM CHEESE **20**
STUFFED BAGELS
FRUIT PUNCH JUICE
LOWFAT MILK CHOICES

SOFT OATMEAL ROUNDS **21**
MIXED FRUIT
LOWFAT MILK CHOICES

MINI CINNI ROLLS **22**
DICED PEARS
LOWFAT MILK CHOICES

RASPBERRY BAR **23**
ORANGE JUICE
LOWFAT MILK CHOICES

NO SCHOOL **26**

NO SCHOOL **27**

NO SCHOOL **28**

NO SCHOOL **29**

NO SCHOOL **30**