

May 2021

OYSTER RIVER SCHOOLS

LUNCH



School Information: All students eat free through June 2021 or until further notice. Milk choices are included with every meal. This is an equal opportunity institution.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

CHICKEN & WAFFLES **3**
CUCUMBER SLICES
FRESH ORANGE
MILK CHOICES

Tuesday

PULLED PORK on a **4**
BUN
CREAMY COLESLAW
FRESH APPLE
MILK CHOICES

Wednesday

BEEF HOT DOG on a **5**
WW BUN
SEASONED OVEN FRIES
MIXED FRUIT
MILK CHOICES

Thursday

MACARONI & CHEESE **6**
GARLIC BREADSTICK
STEAMY BROCCOLI
FRESH PEAR
MILK CHOICES

Friday

PIZZA VARIETY **7**
BAKED BEANS
CELERY STICKS W/DIP
FRUIT SALAD
MILK CHOICES

GRILLED CHEESE & **10**
TOMATO SOUP
GOLDFISH CRACKERS
TOSSED SALAD
SWEET ORANGE SMILES
MILK CHOICES

TURKEY ITALIAN SUB **11**
BAG OF CHIPS
CRUNCHY BABY CARROTS
FRESH APPLE
MILK CHOICES

PASTA W/MARINARA **12**
TOSSED SALAD
CHEESE FILLED BREADSTICK
CHILLED PEARS
MILK CHOICES

CRISPY FISH TACOS **13**
BROWN RICE PILAF
W/CRANBERRIES
TOSSED SALAD
MILK CHOICES

PAZZO PIZZA **14**
w/PIZZA SAUCE
BLACK BEAN SALAD
FRUIT SALAD
MILK CHOICES

BRUNCH FOR LUNCH **17**
HAM, EGG & CHEESE
CROISSANT
HASH BROWNS
SWEET ORANGE SMILES
MILK CHOICES

CHICKEN TACO BOWL **18**
w/ LETTUCE, TOMATO,
CORN, BLACK BEANS, & RICE
MIXED FRUIT
MILK CHOICE

WG CRISPY CHICKEN **19**
CHUNKS
HOMEMADE PASTA SALAD
CRUNCHY BABY CARROTS
PINEAPPLE TIDBITS
MILK CHOICES

SHEPHERDS PIE **20**
FRESH BAKED ROLL
TOSSED SALAD
SWEET KIWI QUARTERS
MILK CHOICES

PIZZA VARIETY **21**
FRESH VEGGIE STICKS
HOMEMADE HUMMUS
FRUIT SALAD
MILK CHOICES

MEATBALL SUB with **24**
CHEESE
CRISP CUCUMBER SLICES
BOX OF RAISINS
MILK CHOICES

CHICKEN & GRAVY **25**
MASHED POTATOES
PEAS & CARROTS, BISCUIT
CRANBERRY SAUCE
MILK CHOICES

CHICKEN PARMESAN on **26**
PASTA W/MARINARA
TOSSED SALAD
MIXED FRUIT
MILK CHOICES

CHEESEBURGER or **27**
HAMBURGER
OVEN FRIES
FRESH APPLE
MILK CHOICES

PIZZA BITES **28**
w/MARINARA SAUCE
THREE BEAN SALAD
FRUIT SALAD W/MANGO
MILK CHOICES

MEMORIAL DAY **31**

NO SCHOOL

K-4 DAILY ALTERNATE ENTRÉE:
YOGURT PLATE.
HS & MS ASSORTED ENTREES DAILY,
DELI BAR, LUNCH SALADS & MORE

GO TO
[HTTPS://:FAMILY.TITANK12.COM](https://family.titank12.com) TO
CHECK YOUR CHILD'S ACCOUNT
BALANCE or TO MAKE PAYMENTS

