

Monday

Tuesday

Wednesday

Thursday

Friday

1
Hot Dog w/ *Whole Grain* Bun
Baked Beans
Peaches

2
Taco Day
Beef, Chicken *OR* Pea Protein
Seasoned Rice, Beans
Lettuce, Tomatoes, Salsa,
Sour Cream, Cheese

3
WG Pasta - Mac n' Cheese
Green Beans
Mixed Fruit

4
Chicken Wings
French Fries
Applesauce

5
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Broccoli Florets
Apples

8
Early Release
Cheese Stuffed Breadsticks
w/ Marinara Sauce
Carrots
Mixed Fruit

9
Chicken/Bacon/Ranch Melt
3 Bean Salad
Pears

10
Cheese Raviolis w/Marinara
Garlic Bread
Steamed Green Beans
Pears

11
Chicken Alfredo w/ *WG Pasta*
Steamed Broccoli
Peaches

12
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Cucumber Slices
Applesauce

15
"Meatless Monday"
French Toast Sticks
Hash Brown Patty
Yogurt Cups
Applesauce

16
Taco Day
Beef, Chicken *OR* Pea Protein
Seasoned Rice, Beans
Lettuce, Tomatoes, Salsa,
Sour Cream, Cheese

17
Whole Grain Pasta Dish
Marinara *or* Meat Sauce
Steamed Broccoli
Peaches

18
BBQ Pulled Pork w/ *WG Bun*
Cole Slaw
Pears

19
Pizza Day – Cheese or Meat
Slice of *Whole Grain* Pizza
Carrots
Mixed Fruit

22
No School

23
No School

24
No School

25
No School

26
No School

29
Grilled Cheese Sandwich
Tomato Soup
Mixed Fruit

30
Chicken Pot Pie w/ biscuit
Corn
Peaches

Menu subject to change without notice



Daily Offerings:
Fruit Juice Cup & Milk choice with every meal
The Garden Bar contains a variety of Fruit, Vegetable, and Protein choices to add to every meal

Daily Entrée Choice in addition to the Main Meal:
Vegetarian/Vegan Burgers-Veggie Egg Rolls-
Breaded Chicken -Potato Sides-Fish Sticks/Sandwich
Pizza items- MTO Deli Bar- Garden Bar

Current Prices for 23-24
Lunch \$3.25 – Reduced \$.0
Adult Lunch - \$4.75